## App Review:



## Sleep Cycle

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### A Few Words on Sleep

- Humans cycle between various stages of sleep
- Best to wake up at lightest point
- Wake up in deep sleep = groggy morning!

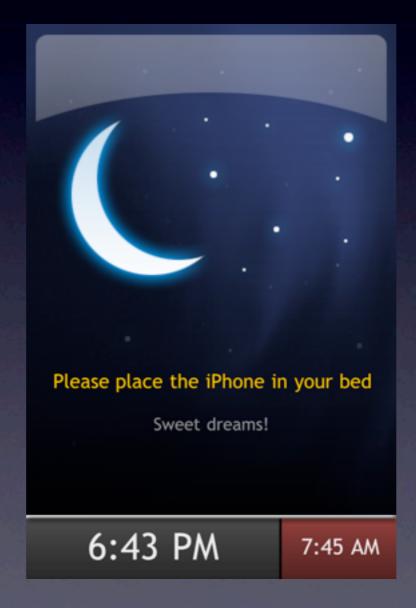
## What is Sleep Cycle?

- Alarm Clock App
- Detects your sleep cycle via accelerometer
- Wakes you up at the lightest stage of sleep (within a set time window)



#### Screenshots







#### Secret Sauce

Sleep Cycle offers a phase-based alarm clock at an affordable price.

# Competition

	Absalt EasyWakeup	Siesta Smart Alarm	Sleep Cycle
Phase-based Alarm	X	X	X
Alarms from iPod	X		X
Graphs Sleep Stages	X		X
Multilingual Support	X		
Price	\$10/\$5	\$2	<b>\$</b> I

## Critique

- Can't be run in background
- Odd to set up at first
- Phone must be plugged in overnight
- Must set alarm nightly, as opposed to builtin alarms

## The Money

- \$0.99 app
- No sales figures available
- Reached #1 Paid App in Germany, Japan, and Russia